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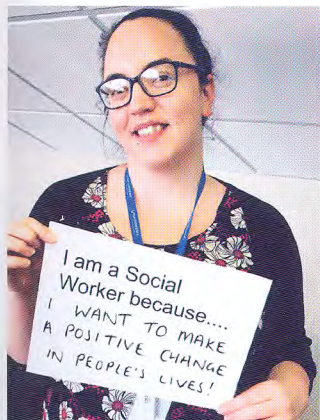


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From the Editor  
**SHAHID NAQVI**



## You've earned your cake – so eat it with pride

We all need a bit of fuel to keep us going. For me, it's several cups of tea throughout the day. For Sasha Midgley it's coffee, as represented in her winning entry for BASW's photo competition to celebrate World Social Work Day last month (see page 20).

Cake is another guilty pleasure – and there was plenty of that consumed on the day, as you can see from our front cover collage which provides a snapshot of some of the events held across the UK.

You can read more about this in our coverage on page 20, which includes many inspiring testimonies of what social work means to those in the profession and the people it supports.

What comes across is that despite all the challenges, when given a chance to pause and reflect, there is so much to celebrate about being a social worker.

This was reinforced in award ceremonies to recognise those in the profession held in Scotland and Northern Ireland, also featured in this edition.

"Social work changes lives"; social workers "reach the unreachable" and "empower the vulnerable" – these are just some of the statements you will read. And for that you should be rightly proud.

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